



# GOING BACK TO SCHOOL

A workshop for Newham parents and carers

**Thursday, 4 March 2021**  
**6-7pm**

- How change affects us
- How to address the feelings around children going back to school
- Acknowledge the experience of home schooling
- Learn about techniques to engage with change.



To book:

[www.eventbrite.co.uk/e/going-back-to-school-workshop-with-parent-tickets-143077808577](http://www.eventbrite.co.uk/e/going-back-to-school-workshop-with-parent-tickets-143077808577)

**#ThoughtfulThursday**



**Newham Talking Therapies**  
Community Psychological & Employment Support



**People at the Heart of Everything We Do**