



## WE ARE ACTIVE.

# WE ARE NEWHAM.

### FEBRUARY HALF TERM PROGRAMME

Free activities for children and young people this halfterm! Come and try a variety of activities. Sessions include Cricket, Baseball, Free Running, Scootering, Flag Football and Skateboarding!



#### **VENUES**:

- Central Park, High Street South, East Ham E6 6ET
  - **MEETING POINT:** Park Cafe
- Keir Hardie Recreation Ground, Tarling Road, Canning Town E16 1LQ MEETING POINT: Old Changing Rooms
- Plashet Park, Woodhouse Grove, E12 6S MEETING POINT: Bowls Club
- **Stratford Park**, West Ham Lane, Stratford E15 4PT

MEETING POINT: Changing Rooms/ Covered MUGA



#### DATES:

Monday 13 February – Friday 17 February

#### **TIMES/AGES:**

12pm-2pm – 5-11 years 2pm-4pm – 12-16 years

To book: https://tinyurl.com/FebHTyouthactivity For more information: sports@activenewham.org or 07741 293506



### **PROGRAMME LISTINGS**

#### **INCLUSIVE ACTIVITY**

A variety of free taster sessions in a range of Multi-Sports for children and young people with disabilities.

#### **DATES**:

- Monday 13 February
- Tuesday 14 February

TIME:

12pm-2pm

#### **VENUE:**

**Stratford Park**, West Ham Lane, Stratford E15 4PT

MEETING POINT: Changing Rooms/Covered MUGA

#### AGE:

8+ years

#### **MINI ACTIVITIES**

Introducing your little ones to sport can be great fun. Come along and try our Mini activity offer including: Mini Tennis, Mini Kickers and Mini Yoga!

#### DATES:

Monday 13 February – Friday 17 February

#### TIME:

11am-12pm

#### **VENUES:**

- Central Park, High Street South, East Ham E6 6ET MEETING POINT: Park Cafe
- Keir Hardie Recreation Ground, Tarling Road, Canning Town E16 1LQ MEETING POINT: Old Changing Rooms
- Plashet Park, Woodhouse Grove, E12 6SR MEETING POINT: Bowls Club

#### AGE:

3-5 years





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