



**Free**

**For SEND  
young  
people  
aged up  
to 25**

**Saturday  
11th February  
13:00 – 18:00**

**Newham  
Leisure Centre  
281 Prince Regent Ln  
E13 8SD**

**GR8 DAY  
2 PLAY**

## **Ever wondered what sports & leisure activities are on offer for SEND young people in Newham?**

Come and try out some sports taster sessions such as Bollywood and Hip Hop dance, pilates, wheelchair basketball, Boccia, multi-sports, table tennis, & swimming.

There will be information stalls about other services, opportunities to have your say about important issues that effect SEND young people in the borough, as well as a relaxation and sensory space.



Click on the link for more information  
about the day and to book places  
<https://tinyurl.com/GR8DAY2PLAYFEB>

