



## Spring Menu 2020

Wednesday



**Thursday** 



Added Plant Power



Friday

Vegan



Available	
Available	
Daily:	
Dally.	

- Freshly cooked jacket potatoes with a choice of fillings (where advertised) - Bread freshly baked on site daily

**ALLERGY** 

- Daily salad selection

**INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of

contamination.

		MONDAT	ivesday	wednesday	mursday	Hiddy
06/01/2020	Option 1	Tomato and Vegetable Pasta	Sausage, Mashed Potatoes and Gravy	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Chicken Tikka Masala with Rice	Fishfingers/ Salmon Fishfingers with Chips
27/01/2020 24/02/2020 16/03/2020	Option 2	Vegetable Enchiladas	Vegetable Hotpot	Lentil and Basil Pastry Whirl with Roast Potatoes and Gravy	Vegetarian Stir Fry with Noodles or Rice	Cheese and tomato Pinwheel with Chips
	Vegetables	Sweetcorn Cabbage	Cauliflower Broccoli	Carrots Green Beans	Roasted Vegetables	Baked Beans Peas
20/04/2020	Dessert	Apple Flapjack Yoghurt Fresh Fruit	Pineapple Cake Yoghurt Fresh Fruit	Apple, Cheese and Crackers Yoghurt Fresh Fruit	Syrup Sponge with Custard Yoghurt Fresh Fruit	Fresh Fruit and Yoghurt Station
13/01/2020	Option 1	French Bread Cheese and Tomato Pizza with Wedges	Chicken Enchiladas with new potatoes	Roast Beef, Roast Potatoes and Gravy	Jerk Chicken with Rice	Breaded Fish with Chips
03/02/2020 02/03/2020	Option 2	Potato and Courgette Stack	Linda McCartney Sausages, Mashed Potato and Gravy	Vegetable Pasty* with Roast Potatoes and Gravy	Soya Bolognaise	Cheese and Tomato Quiche with Chips
23/03/2020	Vegetables	Sweetcorn Tomatoes	Swede and Carrot Mash	Carrots Green Beans	Sweetcorn Broccoli	Baked Beans Peas
27/04/2020	Dessert	Oaty Apple Crumble and Custard Yoghurt Fresh Fruit	Banana Sponge and Custard Yoghurt Fresh Fruit	Iced Bun Yoghurt Fresh Fruit	Orange and Lemon Shortbread Yoghurt Fresh Fruit	Fresh Fruit and Yoghurt Station
20/01/2020	Option 1	Wholemeal Vegetable Pasta Bake	Burger in a Bun with Toppings and Wedges	Roast Turkey, Roast Potatoes and Gravy	Chicken Stir Fry with Noodles or Rice	Fish in Batter With Chips
10/02/2020	Option 2	Macaroni Cheese	Vegan Sausage Roll with Wedges	Vegetable Wellington with Roast Potatoes and Gravy	Lentil and Sweet Potato Curry with Rice	Broccoli Pasta Bake
09/03/2020	Vegetables	Sweetcorn Broccoli	Peas Cauliflower	Carrots Peas	Green Beans Cauliflower	Baked Beans Peas
30/03/2020	Dessert	Ice Cream with Fruit  Yoghurt  Fresh Fruit	Chocolate Cake with Chocolate Drizzle Yoghurt Fresh Fruit	Apple, Cheese and Crackers Yoghurt Fresh Fruit	Chocolate and Orange Brownie Yoghurt Fresh Fruit	Fresh Fruit and Yoghurt Station

**Tuesday**