

Year 1 Spring 2

PSHCE

Health and Wellbeing It's My Body

This unit explores choices children can make about looking after their bodies. They will look at the areas they can make safer choices: their body, sleep, exercise, diet, cleanliness and substances. Throughout the unit, the message of choice and consent runs through, encouraging them to get help from trusted adults when necessary.

RE

Belonging to Sikhism

In this unit, the children draw on their understanding of belonging and then relate it to how children are given a sense of belonging in a Sikhism. They look at how children are welcomed into the Sikh tradition. They think about how people show they belong and what is special about belonging, and find out how Sikh people remember the birth of Guru Nanak, the founder of this religion.

FRENCH

Moi (all about me)

Grammar focus: Possessive Pronouns

During this unit, children will learn all about themselves-. They will be able to use simple phrases to ask and answer basic questions and have a conversation.

HISTORY

My Local Area

This unit will involve the children learning about the changes in their local area, specifically the Barking Road. They will look at how the buildings, transport and houses have changed over time.

SCIENCE

Animals Including Humans

Children will identify and name a variety of common animals including fish, amphibians, reptiles, birds and mammals. As well as this, they will classify them into carnivores, herbivores and omnivores. Children will also identify and name the basic parts of the human body and the associated sense.

Seasonal Changes

Throughout the Year, children will observe changes across the four seasons; describe the associated weather and how day length varies

DT

Moving Pictures

Technique: tab slider

Skills: sketching, planning, drawing, cutting and tab sliding.

The students will look at ways to create images with movement. They will plan and create an image with a moving element by means of a tab slider.

COMPUTING

Word Processing

Children in this unit of work should be able to log on, find word and create and save a document. This unit has a strong focus on independence and children should be prepared to explore the buttons and menus to achieve the task, without resorting to step-by-step instructions.

PE

Gymnastics

Children will be able to: roll in different ways; travel in different ways; balance in different ways; stretch in different ways and climb safely.

Team invasion/evasion games (Basketball, Handball)

Children will be able to: start to use their developing throwing, catching and movement skills in an increasingly competitive way; track and get in line with the ball to receive it; understand how to aim and how to take the ball to a good position for aiming.

Health and Fitness

Children will be able to describe how their bodies feel before, during and after an activity.

MUSIC

Rhythm in the Way We Walk*

Sing chants and songs and explore the history of Pop music.

