



Physical Education Policy

Children at Ravenscroft should expect to be inspired, excited and challenged to succeed in competitive sport and other physically demanding activities. Competing in a range of sporting and other physical activities allows pupils to build character and embedded values such as fairness and respect. They are provided with opportunities to become physically confident in a way which supports their current health and fitness. Children will also have the opportunities to evaluate and improve their own performance at the heart of their learning.

Aims

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives