

WE ARE ACTIVE.

WE ARE NEWHAM.

MAY HALF TERM PROGRAMME



Free activities for children and young people this half-term! Come and try a variety of activities. Sessions include Cricket, Baseball, Free Running and Flag Football!



DATES:

Tuesday 30 May – Friday 2 June

TIMES/AGES:

12pm-2pm – 5-11 years

2pm-4pm – 12-16 years

VENUES:

- **Central Park**, High Street South, East Ham E6 6ET

MEETING POINT: Park Cafe

- **Stratford Park**, West Ham Lane, Stratford E15 4PT

MEETING POINT: Covered MUGA area

- **Keir Hardie Recreation Ground**, Tarling Road, Canning Town E16 1LQ

MEETING POINT: Old Changing Rooms

- **Plashet Park**, Woodhouse Grove, E12 6SR

MEETING POINT: Outside Bowls Club

- **Royal Docks Activity Centre**, 1012 Dockside Road, E16 2QT

To book: <https://tinyurl.com/NewhamWhitsunActivity>

For more information:

sports@activenewham.org or 07741 293506

MAY HALF TERM PROGRAMME

INCLUSIVE ACTIVITY

A variety of free taster sessions in a range of sports for children and young people with disabilities.

DATES:

Tuesday 30 & Wednesday 31 May

TIME: 12pm-2pm

VENUE: Stratford Park, West Ham Lane, Stratford E15 4PT

AGE: 8+ years

ROWING

The session is aimed at complete beginners, taking participants through land training exercises, equipment handling and on-water rowing boats.

DATES:

Tuesday 30 May, Thursday 1 & Friday 2 June

TIME: 10am-11.30am, 12pm-1.30pm

VENUE: Royal Docks Adventure, 1012 Dockside Rd, E16 2QT

AGE: 12-16 years

MINI ACTIVITIES

Introducing your little ones to sport can be great fun. Come along and try our Mini activity offer including: Mini Tennis, Mini Kickers and Mini Dance!

DATES:

Tuesday 30 May - Friday 2 June

TIME: 11am-12pm

VENUES:

- **Central Park**, High Street South, East Ham E6 6ET

MEETING POINT: Park Cafe

- **Keir Hardie Recreation Ground**, Tarling Road, Canning Town E16 1LQ

MEETING POINT: Old Changing Rooms

- **Plashet Park**, Woodhouse Grove, E12 6SR

MEETING POINT: Outside Bowls Club

- **Royal Docks Activity Centre**, 1012 Dockside Road, E16 2QT

AGE: 3-5 years



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SCAN ME