



**Ravenscroft
Primary School**
Explore. Achieve. Fly.

PHYSICAL ACTIVITY POLICY

This physical activity policy supports the curriculum for PE. The policy informs and reflects practice throughout the school day, including travel to and from school.

AIM

To increase the activity levels of the whole school through the provision of a supportive environment that is conducive to the promotion of physical activity.

Raising the Physical Activity Profile

- Achievement is regularly celebrated and activity promoted in assemblies.
- Parents are regularly invited to both take part in (e.g. Olympic day/sports day) and observe activities.

Play-time activity

- Physical activity is promoted during breaks and lunchtimes and pupils are encouraged to be more active at these times
- A range of equipment is available to all pupils during play-time.
- Safe, appropriate and stimulating playground areas are provided in which children can play and be active

Curriculum

- The PE programme is broad and balanced, complies with statutory requirements, is accessible to and meets the needs and interests of all pupils
- Physical activity and health related exercise are promoted within other lessons – e.g. the effect of exercise on the body, anatomy and physiology, in science.
- An annual programme of intra school activities is provided for all pupils, including a sports day.

Out of School Hours Activity

- A diverse weekly programme of out-of-school-hours activity clubs is provided, which suits the needs of all pupils.
- A programme which offers an equal balance of competitive and non-competitive activities is provided.
- Appropriately qualified professionals are invited to contribute to the provision of out-of-hours activities

Inclusion

- We aim to ensure that pupils with specific disabilities and/or health problems take a full and active part in physical activity opportunities offered both within and outside school.
- Physical activity provision within this school is developmentally appropriate and a variety of teaching and learning approaches are adopted

School Sport Partnership and Community Links

- The school regularly participates in **School Sport Partnership** events.
- The school employs a range of auxiliary qualified and experienced coaching staff and implements quality assurance through the PLT/SSP (Primary Link Teacher / School Sport Partnership) programme.

This policy was agreed on	April 2021
Policy to be reviewed by	April 2023

for parents <https://www.nhs.uk/change4life/activities>

The following documents & websites have been taken into account in the production of this policy:

- <http://www.healthyschools.org.uk/> physical activity booklet A 2007
- School Sport and Activity Action Plan DfE July 2019