



# Year 1 – 6

# Curriculum Mapping

## PSHCE

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	<p><b>Relationships – TEAM</b></p> <p>This unit will focus on the positive impact working as a team has on all its members. Children will work on their collaborative skills such as good listening, making good choices, the importance of being kind and the effects of bullying.</p>	<p><b>Health and Wellbeing Think Positive</b></p> <p>This unit will help children to recognise and accept their feelings, both positive and negative, as well as how to manage certain feelings.</p>	<p><b>Relationships – TEAM</b></p> <p>This unit will focus on the positive impact working as a team has on all its members. They will learn about successful teamwork skills, being considerate of others and how to positively resolve conflicts.</p>	<p><b>Health and Wellbeing Think Positive</b></p> <p>Children will build on what they have already learnt about feelings and how our attitude towards life can affect our mental health. To include themes such as thinking positively, managing difficult emotions and taking responsibility for decisions.</p>	<p><b>Relationships – TEAM</b></p> <p>This unit focuses on the positive qualities of a team, learning how to disagree respectfully and communicate effectively. The unit will address collaborative learning and how to compromise.</p>	<p><b>Health and Wellbeing Think Positive</b></p> <p>This unit will help children further develop their understanding about thoughts and emotions, both positive and negative. They will focus on themes such as the links between our thoughts, feelings and emotions and making good choices.</p>
Autumn 2	<p><b>Living in the Wider World Britain</b></p> <p>In this unit, children will learn about community, being good neighbours and looking after the environment. They will also learn about Britain, what it means to be British about diversity and the importance of celebrating and being respectful of our differences.</p>	<p><b>Living in the Wider World Respecting Rights</b></p> <p>During this unit, children will learn that we all have rights that are shared and should be respected. They will know that we are all rights-respecting citizens. They will explore the concepts of differences and fairness and learn about who helps us protect our rights and what we can do if we don't feel safe.</p>	<p><b>Living in the Wider World Britain</b></p> <p>This unit is inspired by the idea that we live in a diverse, multicultural and democratic society and that this is important and brings many benefits. They will learn about British people, rules, the law, liberty and what living in a democracy means. They also learn about the importance of being tolerant of differences.</p>	<p><b>Living in the Wider World Respecting Rights</b></p> <p>This unit focuses on the importance of human rights and that they are there to protect all people, enabling them to live happy, safe, healthy and fulfilling lives. They will also look into the ideas of equality and discrimination and the consequences of both, as well as challenging stereotypes.</p>	<p><b>Living in the Wider World Britain</b></p> <p>This unit is inspired by the idea that Britain represents a wide range of faiths and ethnicities. It aims to enable the children to identify how they can make a positive contribution to the community. They will also learn about the law, the consequences of not respecting it and the workings of local and national government.</p>	<p><b>Living in the Wider World Respecting Rights</b></p> <p>This unit aims to help the children to explore the ideas of equality and discrimination and the consequences of both. They will also learn about human rights activists and how they work to make the world a better place.</p>
Spring 1	<p><b>Relationships Be Yourself</b></p> <p>Within this unit, children will be encouraged to 'be themselves' and learn how this can have a positive impact on their mental health and emotional wellbeing. They will be helped to recognise different emotions and explore different strategies to help them manage those emotions.</p>	<p><b>Relationships VIPs</b></p> <p>This unit explores the important people in the children's lives and how they can develop positive relationships with them. They will learn how important friends and families are and they will also look at resolving differences.</p>	<p><b>Relationships Be Yourself</b></p> <p>This unit aims to enable children to identify their strengths and achievements as well as recognise different emotions. They will learn that it is important to have confidence to be yourself and how to express their feelings. They will also explore the influence of the media in how we view ourselves and the reality of these messages.</p>	<p><b>Relationships VIPs</b></p> <p>This unit will revisit ideas explored in Year 2 – about the relationships we have with our families and friends. It will then go onto disputes and bullying and will address strategies for coping with each of these.</p>	<p><b>Relationships Be Yourself</b></p> <p>This unit aims to encourage children to having a positive view of themselves and being proud of their individuality. They will look into making positive choices, not being led into tricky situations and how to make things right when they have made a mistake.</p>	<p><b>Relationships VIPs</b></p> <p>This unit again looks at relationships with family and friends and addresses conflicts and resolutions in relationships. They will also look at secrets and dares as well as healthy and unhealthy relationships. Health and safety will also be discussed.</p>

Spring 2	<p><b>Health and Wellbeing It's My Body</b></p> <p>This unit explores choices children can make about looking after their bodies. They will look at the areas they can make safer choices: their body, sleep, exercise, diet, cleanliness and substances. Throughout the unit, the message of choice and consent runs through, encouraging them to get help from trusted adults when necessary.</p>	<p><b>Living in the Wider World One World</b></p> <p>This unit looks at how we can benefit from learning about people living in different places and their ways of life. They will explore their own family life, home and school and compare these to children around the world. They will also look at the relationship between people and their environment; how people use the earth's resources and the importance of protecting it.</p>	<p><b>Health and Wellbeing It's My Body</b></p> <p>This unit moves on from Year 1 and follows the same themes of choices they can make about looking after their bodies. For example sleep and exercise, diet, cleanliness and substances.</p>	<p><b>Living in the Wider World One World</b></p> <p>This unit is based on a case study of a fictional girl called Chiwa who lives in Malawi. It will look at how people's experiences and opportunities differ throughout the world and that our actions can have both positive and harmful effects on people living in different countries. They will also look at climate change and fair trading practices.</p>	<p><b>Health and Wellbeing It's My Body</b></p> <p>Children will learn about body image and stereotypes. They will explore the things that influence the way people think about their bodies, where these pressures come from and how they can be resisted. They will learn about the importance of sleep and keeping clean, especially as their bodies change during puberty.</p>	<p><b>Living in the Wider World One World</b></p> <p>This unit helps the children to understand the responsibility we have in helping the environment and all living things. They will explore the ideas of sustainability, the use of the earth's natural resources and the harmful effects of global warming. They will also learn about biodiversity.</p>
Summer 1	<p><b>Living in the Wider World Money Matters</b></p> <p>This unit encourages children to think about where money comes from and how it can be used. They will discuss the idea of spending and saving and the difference between what we want and what we need.</p>	<p><b>Relationships Growing Up</b></p> <p>This topic is an introduction to how we grow and change. They will learn about their own and others bodies, how to respect them, the similarities and differences in people and about stereotypes.</p>	<p><b>Living in the Wider World Money Matters</b></p> <p>Moving on from work done in Year 1, children will look again at where money comes from and how it can be used. They will also focus on how to prioritise our spending, what influences our spending and how we can keep track of our spending.</p>	<p><b>Relationships Growing Up</b></p> <p>This topic build on children's knowledge of the human body: how we change both physically and emotionally.</p>	<p><b>Living in the Wider World Money Matters</b></p> <p>Children will learn about money is used in the wider world. They will discuss the possible consequences of taking financial risks and how to avoid them. They will learn about budgeting and they will also discuss how our earning and spending can contribute to society through the payment of tax.</p>	<p><b>Relationships Growing Up</b></p> <p>As well as building on children's knowledge of how we grow and change, this unit will also focus on the types of relationships that people have as well as positive body images and stereotypes.</p>
Summer 2	<p><b>Health and Wellbeing Aiming High</b></p> <p>Children will learn about having high aspirations. They will start by discussing positive views of themselves and how having a positive earning attitude can help them tackle and achieve more. They will share aspirations for the future with regard to employment and personal goals.</p>	<p><b>Health and Wellbeing Safety First</b></p> <p>In this unit, children will learn about everyday dangers and how they can keep themselves safe. They will learn about staying safe online and about eh underwear rule. They will also learn about people who help them and how to get help when needed.</p>	<p><b>Health and Wellbeing Aiming High</b></p> <p>Within this unit, children will discuss their goals and aspirations. They will also discuss the type of attitude that helps us succeed and the importance of resilience. They will also think further about the specific skills they might wish to develop in order to achieve their short mid and long term goals.</p>	<p><b>Health and Wellbeing Safety First</b></p> <p>This unit will help children consider what it means to take responsibility for their own safety. This will include standing up to peer pressure in a range of situations. They will look at road safety, e-Safety and dangerous substances: drugs (including medicines), cigarettes and alcohol.</p>	<p><b>Health and Wellbeing Aiming High</b></p> <p>This topic will discuss achievements that have accomplished and challenges people face and barriers to success. They will identify opportunities available to them now and in the future. Stereotypes in the world of work will be addressed and they will discuss jobs they would like to do and the skills involved.</p>	<p><b>Health and Wellbeing Safety First</b></p> <p>As well as building on discussions about taking responsibility for their own safety, this unit will learn how to identify an emergency. They will look at e-Safety in detail, including social media and how to report any concerns online.</p>